



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

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Date: July 21, 2026

To: NC Healthcare Providers and Local Health Departments

From: Erica Wilson, MD, MPH, Medical Epidemiologist

Re: Bundibugyo Disease Outbreak in the Democratic Republic of Congo

An outbreak of Bundibugyo ebolavirus disease (BVD) is occurring in the Democratic Republic of Congo (DRC). As of July 20, 2026, a total of 2,444 confirmed cases and 969 deaths had been reported in DRC, Uganda, and France. The cases in Uganda and France were connected to the DRC outbreak. No vaccines or specific treatments have been approved to prevent or treat BVD.

To date, no cases of Ebola disease have been identified in the United States, and the CDC has determined that the risk to the American public remains low.

Traveler Screening and Monitoring

On May 21, 2026, CDC implemented public health entry screening of air travelers who have been in the DRC, Uganda, or South Sudan in the 21 days before arrival in the US. Subsequently, additional travel restrictions have been implemented. At this time, the following [travel restrictions](#) are in place.

- Non-citizens of the US who have been in the DRC, Uganda, or South Sudan within the prior 21 days are not permitted to enter the US.
- American citizens who have been in DRC within the prior 21 days are not allowed to fly into the US on commercial flights.
- US citizens who have been in Uganda or South Sudan within the prior 21 days are [screened for BVD exposure and symptoms upon arrival](#). If determined “not at high risk” for BVD, travelers are instructed to self-monitor for symptoms daily for 21 days and referred to state and local public health for further follow up.
- In North Carolina, local health departments are contacting all travelers to repeat the risk assessment and provide education.

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF PUBLIC HEALTH

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Recommendations for Healthcare Providers

Currently the risk to US residents is low. Clinicians should obtain travel histories appropriate to a patient's clinical presentation and implement '[Identify, Isolate, Inform](#)' protocols. NC DHHS does not recommend instituting universal screening for BVD specific travel at this time.

- If you suspect a patient may have Ebola disease, immediately notify your [local health department](#) or call the NCDHHS Communicable Disease Branch at 919-733-3419.
- Do not delay testing for other more likely medical conditions when assessing for Ebola disease.
- It is essential you wear [proper PPE](#) and take [infection control measures](#) while assessing a patient with suspected Ebola disease.

[Clinical Guidance for Ebola Disease](#) can be found on the CDC website.

For any questions, please contact the NCDHHS Communicable Disease Branch at 919-733-3419.