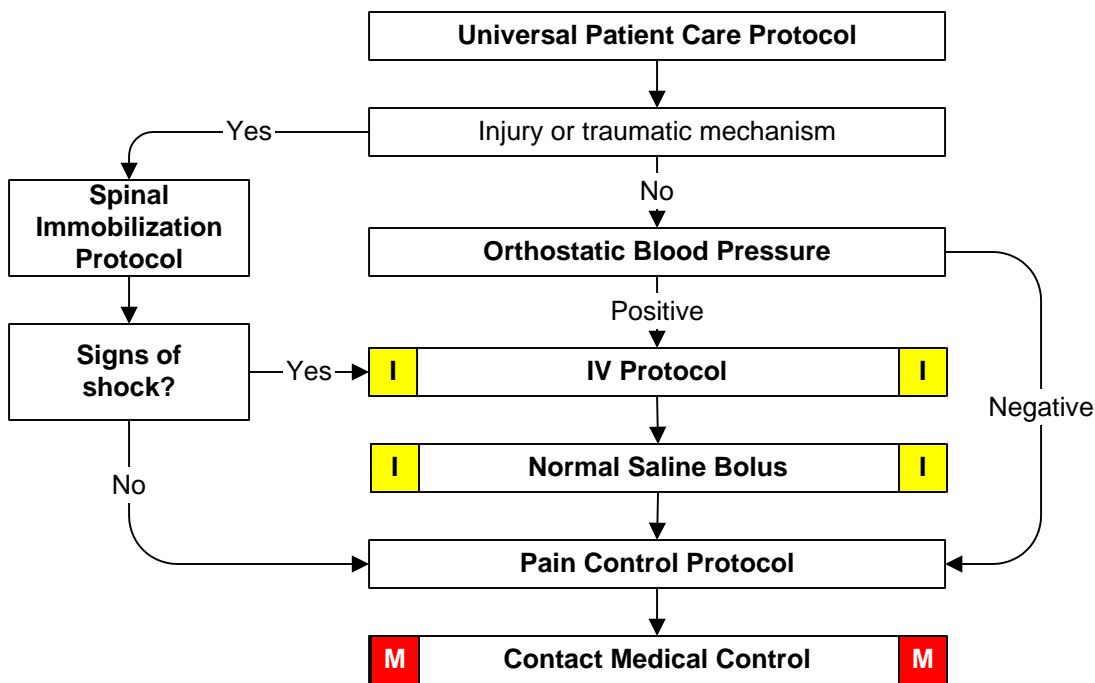




Back Pain



History: <ul style="list-style-type: none"> • Age • Past medical history • Past surgical history • Medications • Onset of pain / injury • Previous back injury • Traumatic mechanism • Location of pain • Fever • Improvement or worsening with activity 	Signs and Symptoms: <p>Pain (paraspinous, spinous process)</p> <p>Swelling</p> <p>Pain with range of motion</p> <p>Extremity weakness</p> <p>Extremity numbness</p> <p>Shooting pain into an extremity</p> <p>Bowel / bladder dysfunction</p>	Differential: <ul style="list-style-type: none"> • Muscle spasm / strain • Herniated disc with nerve compression • Sciatica • Spine fracture • Kidney stone • Pyelonephritis • Aneurysm • Pneumonia
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Legend		
	EMT	
I	EMT- I	I
P	EMT- P	P
M	MC Order	M

Pearls:

- **Exam: Mental Status, HEENT, Neck, Chest, Lungs, Abdomen, Back, Extremities, Neuro**
- Abdominal aneurysms are a concern in patients over the age of 50
- Kidney stones typically present with an acute onset of flank pain which radiates around to the groin area.
- Patients with midline pain over the spinous processes should be spinally immobilized.
- Any bowel or bladder incontinence is a significant finding which requires immediate medical evaluation