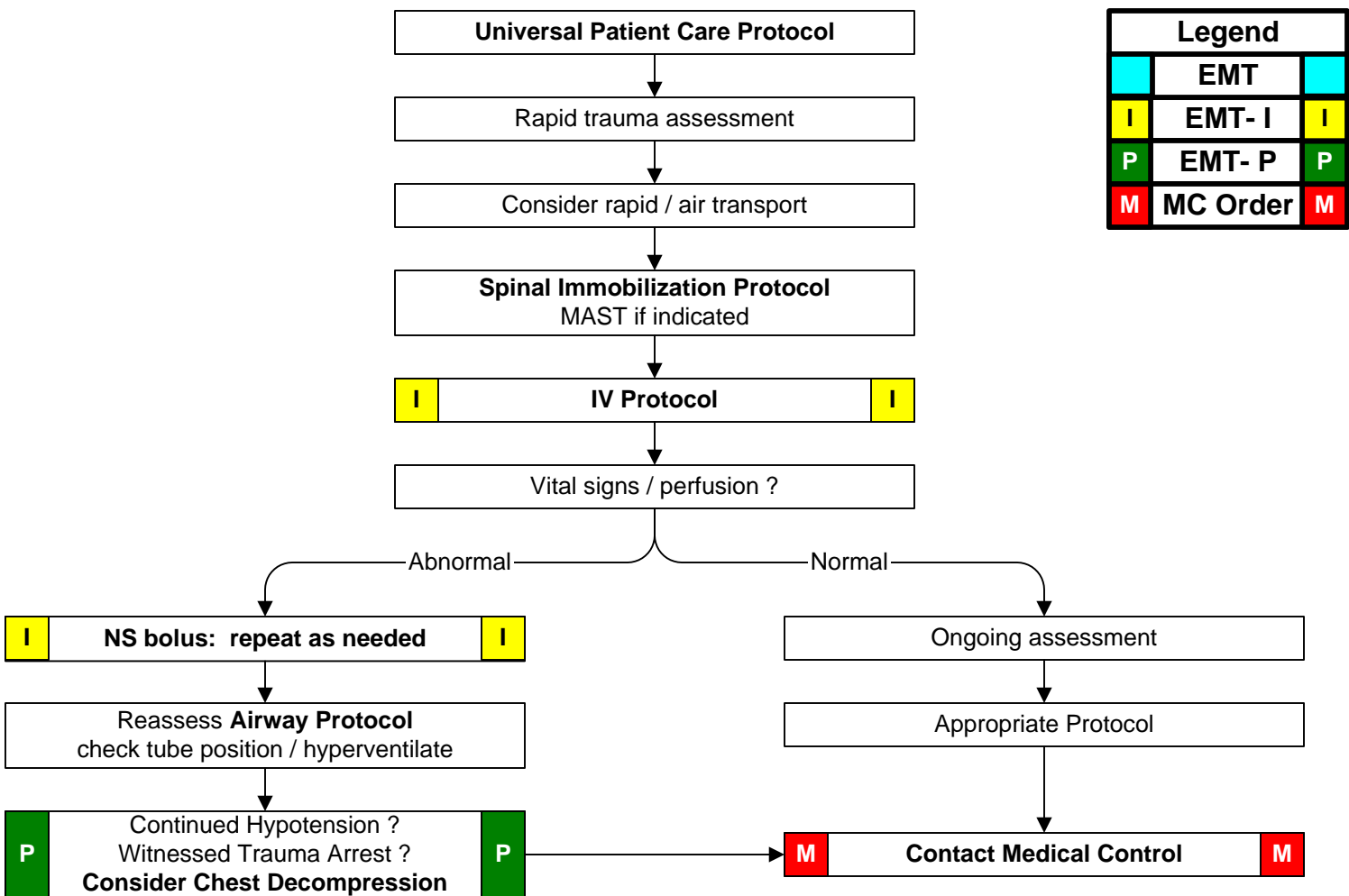




Multiple Trauma



History: <ul style="list-style-type: none"> • Time and mechanism of injury • Damage to structure or vehicle • Location in structure or vehicle • Others injured or dead • Speed and details of MVC • Restraints / protective equipment • Past medical history • Medications 	Signs and Symptoms: <ul style="list-style-type: none"> • Pain, swelling • Deformity, lesions, bleeding • Altered mental status or unconscious • Hypotension or shock • Arrest 	Differential (Life threatening): <ul style="list-style-type: none"> • Chest Tension pneumothorax Flail chest Pericardial tamponade Open chest wound Hemothorax • Intra-abdominal bleeding • Pelvis / Femur fracture • Spine fracture / Cord injury • Head injury (see Head Trauma) • Extremity fracture / Dislocation • HEENT (Airway obstruction) • Hypothermia
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Pearls:

- **Exam: Mental Status, Skin, HEENT, Heart, Lung, Abdomen, Extremities, Back, Neuro**
- Mechanism is the most reliable indicator of serious injury.
- In prolonged extrications or serious trauma, consider air transportation for transport times and the ability to give blood.
- Consider MAST in "load and go" situations with suspected pelvic or femur fractures.
- Do not overlook the possibility of associated domestic violence or abuse.